



Allied Announces Conference Call to Discuss Third-Quarter Financial Results

TORONTO, SEPTEMBER 29, 2022

Allied Properties Real Estate Investment Trust (“Allied”) (TSX:AP.UN) will hold a conference call and live audio webcast at 10:00 a.m. (ET) on Thursday, October 27, 2022, to discuss financial results for the quarter ended September 30, 2022. The financial results will be released on Wednesday, October 26, 2022, after the markets close.

The conference call can be accessed by dialing 1 (866) 378-3566. The webcast will be accessible at www.alliedreit.com and will be archived for 90 days.

Allied is a leading operator of distinctive urban workspace in Canada’s major cities and network-dense UDC space in Toronto. Allied’s mission is to provide knowledge-based organizations with workspace and UDC space that is sustainable and conducive to human wellness, creativity, connectivity and diversity. Allied’s vision is to make a continuous contribution to cities and culture that elevates and inspires the humanity in all people.

FOR FURTHER INFORMATION, PLEASE CONTACT:

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