

CREATIVITY & CONNECTIVITY

May 2021

This presentation may contain forward-looking information about future events or Allied's future performance. This information, by its nature, is subject to risks and uncertainties that may cause actual events or results to differ materially, including those described under the heading "Risks and Uncertainties" in our most recently filed AIF. Material assumptions that underpin any forward-looking statements we make include those described under "Forward-Looking Statements" in our MD&A for the first quarter of 2021.

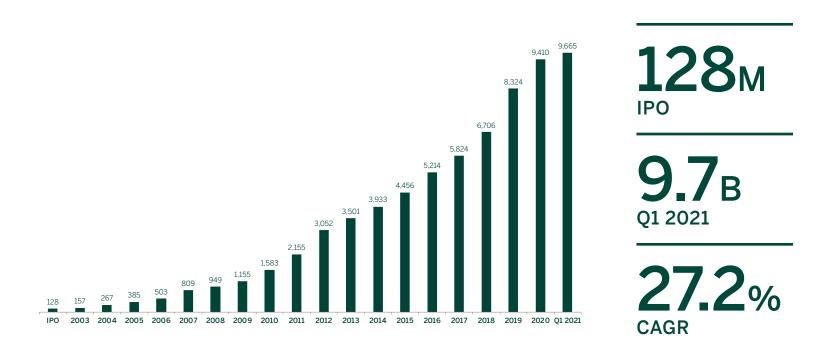
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INVESTMENT HIGHLIGHTS

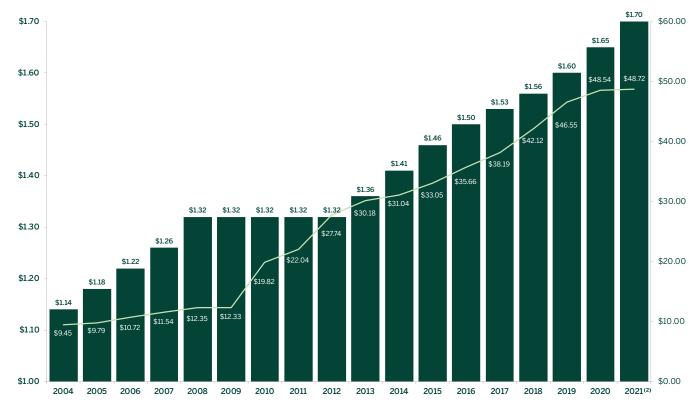
- At the forefront of urban intensification in Canada's major cities
- Fully internalized and entrepreneurial management team
- Strong growth platform
- Strong financial foundation
- 27.2% compound annual growth rate on total assets
- 14.7% average annual total return

PORTFOLIO GROWTH - TOTAL ASSETS (M)



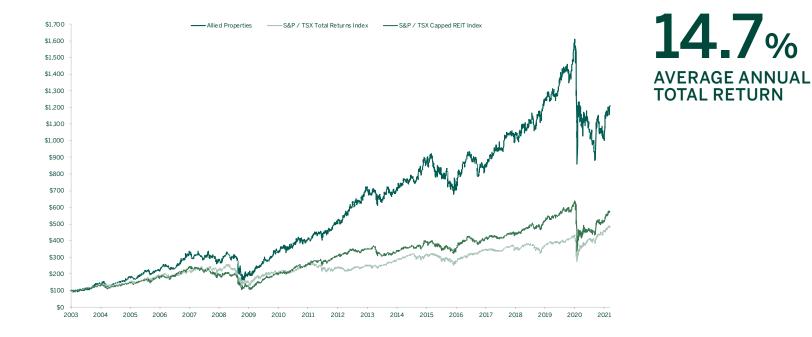
Values up to December 31st, 2009 are based on financial reporting prepared in accordance with previous Canadian GAAP standards. Values after that date are reported in accordance with International Financial Reporting Standards (IFRS). As at period ending March 31, 2021.

FOCUSED ON INCREASING OUR DISTRIBUTION AND GROWING OUR NAV PER UNIT OVER TIME



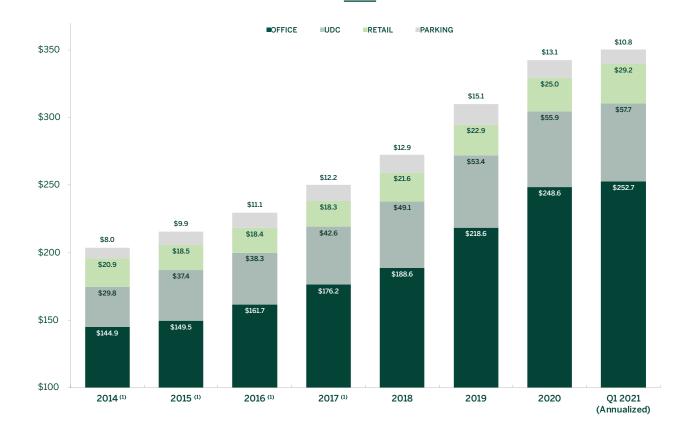
(1) Annual distribution rate in place at March 15 of each year.(2) NAV per unit value as of March 31, 2021

RETURNS TO UNITHOLDERS TOTAL RETURN INDEX



Source: Bloomberg as of April 30, 2021.

FOCUSED ON OPERATING DISTINCTIVE URBAN WORKSPACES AND URBAN DATA CENTRES: NOI BY SPACE TYPE (IN \$M)



(1) The NOI allocation between office, UDC and retail was updated to conform to the presentation in recent years. As of March 31, 2021.

This slide contains forward-looking information.

ALLIED



CONSOLIDATION OF URBAN OFFICE PROPERTIES

- Close to core
- Distinctive
- Lower occupancy costs



500-522 King West



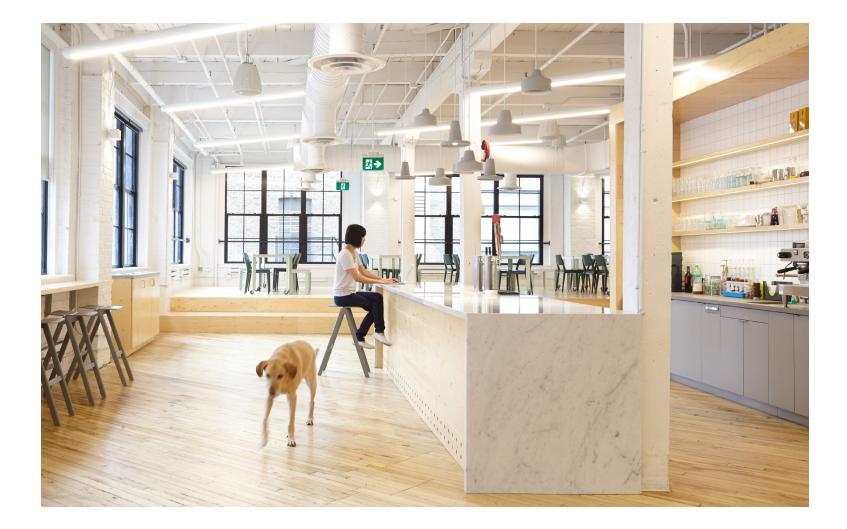
The Landing

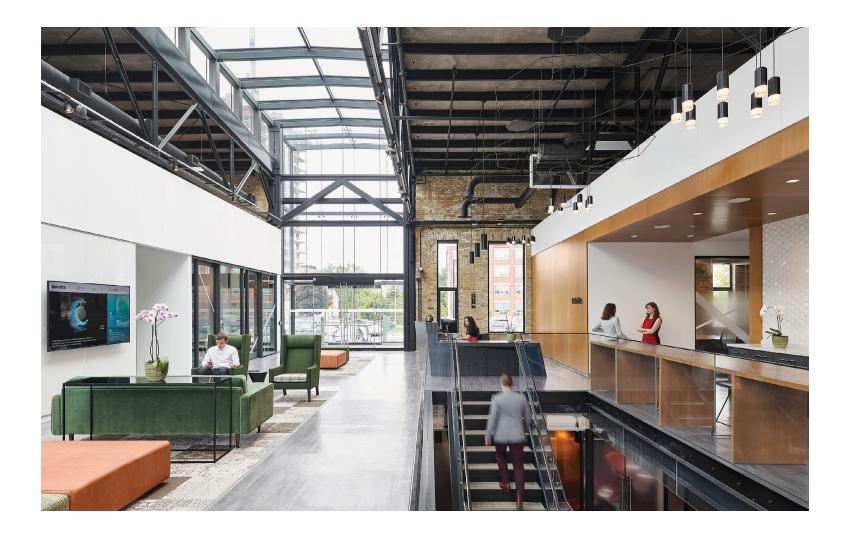
Vancouver



35-39 Front Street East





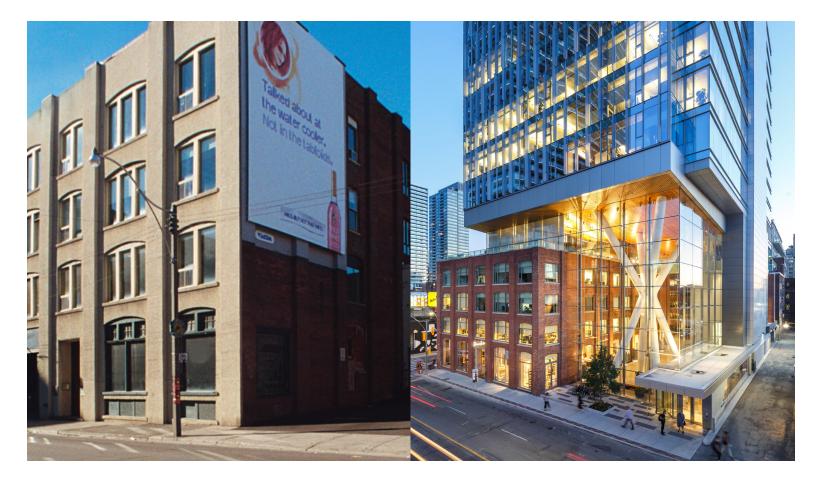




INTENSIFICATION OF URBAN OFFICE PROPERTIES

- Underutilized land

- Additional rentable area with low land cost
- Value creation



Intensification of QRC West

Toronto



Intensification of QRC West

Toronto



Intensification of The Breithaupt Block



King Portland Centre

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Rental Portfolio

SUMMARY OF RENTAL PROPERTIES

192 Rental Properties valued at \$7.9B

(Not including 10 Properties Under Development valued at \$1.0B)



	FCHENER RAL REGION
56	2K sf
LEASED	96.7%
MARKET OCCUPANCY (1)(2)	84.9%
MARKET OCCUPANCY ⁽¹⁾⁽²⁾ PROPERTIES	84.9% 5

(1) Source: cbre.ca, CBRE Canada Q1 2021 Quarterly Statistics Report.

(2) The Kitchener market occupancy is based on the city of Waterloo market occupancy.

6	•
EAS	OTTAWA TERN REGION
23	82K sf
LEASED	99.0%
MARKET OCCUPANCY ⁽¹⁾	89.3%
PROPERTIES	2
EMPLOYEES	4

TOTAL RENTAL PORTFOLIO GLA

13.9M sf

TORONTO CENTRAL REGION

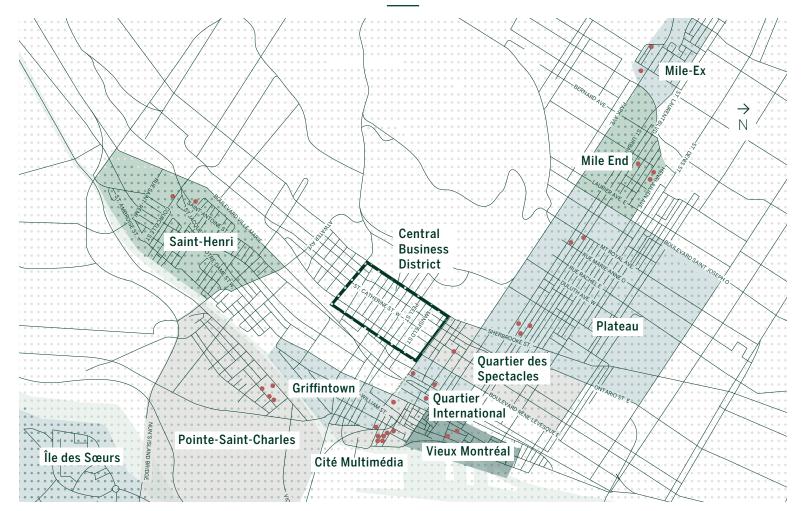
4.7M SF

INCLUDING URBAN DATA CENTRES 510K SF

LEASED	95.6%
MARKET OCCUPANCY ⁽¹⁾	90.9%
PROPERTIES	102
UDC PROPERTIES	3
EMPLOYEES	213

MONTRÉAL EASTERN REGION 6.5M SF	
LEASED	90.3%
MARKET OCCUPANCY ⁽¹⁾	89.4%
PROPERTIES	29
EMPLOYEES	88

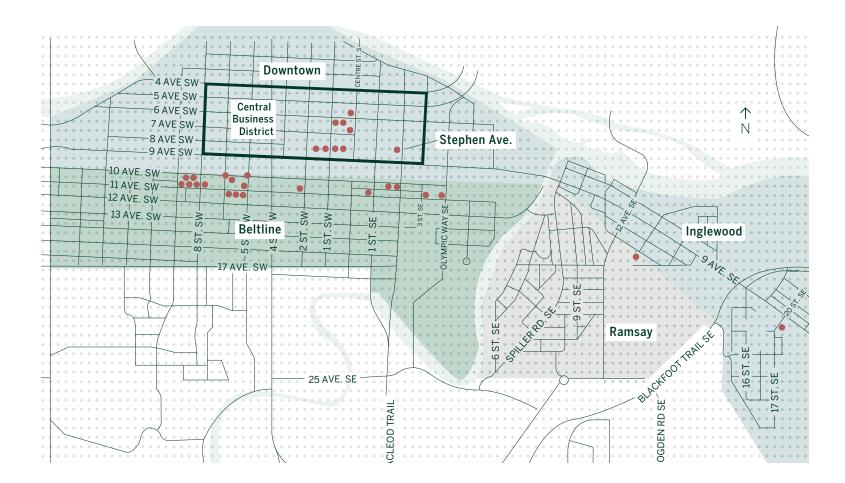
MONTRÉAL PORTFOLIO



TORONTO PORTFOLIO



CALGARY PORTFOLIO



VANCOUVER PORTFOLIO



URBAN WORKSPACE TOP-TEN PROPERTIES

PROPERTY NAME	NORMALIZED LQA NOI	APPRAISED FAIR VALUE	CAP RATE	PRINCIPAL USERS
CITÉ MULTIMÉDIA, MONTRÉAL	\$20,866	\$420,990	4.75%	Desjardins, Morgan Stanley, SAP Canada
700 DE LA GAUCHETIÈRE, MONTRÉAL	17,265	366,670	5.25%	AON Canada Inc, Autorité Régionale de Transport Métropolitain, National Bank of Canada, Hydro-Québec
LE NORDELEC, MONTRÉAL	14,958	298,190	5.00%	Gsoft, Unity Technologies, Yellow Pages Media
QRC WEST, TORONTO	12,776	294,910	4.25%	eOne, Sapient Canada
747 RUE DU SQUARE VICTORIA, MONTRÉAL	10,248	277,400	5.00%	Dussault Systèmes Canada, Otera Capital Inc., Secretariat of the Convention on Biological Diversity, Société Québecoise des Infrastructures
5455 DE GASPÉ, MONTRÉAL	9,183	144,950	5.00%	Attraction Media, Framestore, Ubisoft
555 RICHMOND W, TORONTO	7,914	179,600	4.75%	Centre Francophone de Toronto, Synaptive
KING PORTLAND CENTRE, TORONTO	6,805	181,090	3.81%	Indigo, Shopify
5445 DE GASPÉ, MONTRÉAL	6,202	102,780	5.25%	Ubisoft, Sun Life
375 WATER, VANCOUVER ⁽¹⁾	6,188	225,000	N/A	Incognito Software Inc., Quarterdeck Brewing Co, Salesforce.com
TOTAL	\$112,405	\$2,491,580	4.79%	

As of March 31, 2021.

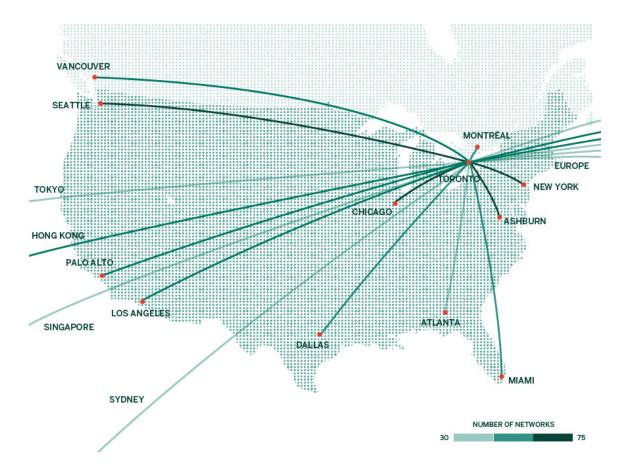
(1) Allied acquired 375 Water Street in the second quarter ended June 30, 2020. The appraised fair value remains as the purchase price net of closing costs for one year, after which the appraiser transitions to a discounted cash flow model.

NETWORK-DENSE URBAN DATA CENTRES

PROPERTY NAME	NORMALIZED LQA NOI	APPRAISED FAIR VALUE	CAP RATE	PRINCIPAL USERS
151 FRONT W, TORONTO	\$39,542	\$598,290	5.00%	Bell, Cologix, Equinix
250 FRONT W, TORONTO	15,634	341,430	5.75%	AWS, Cloud Service Provider
905 KING W, TORONTO	4,528	101,470	5.75%	Beanfield, Cloud Service Provider, Cologix
TOTAL	\$59,704	\$1,041,190	5.32%	

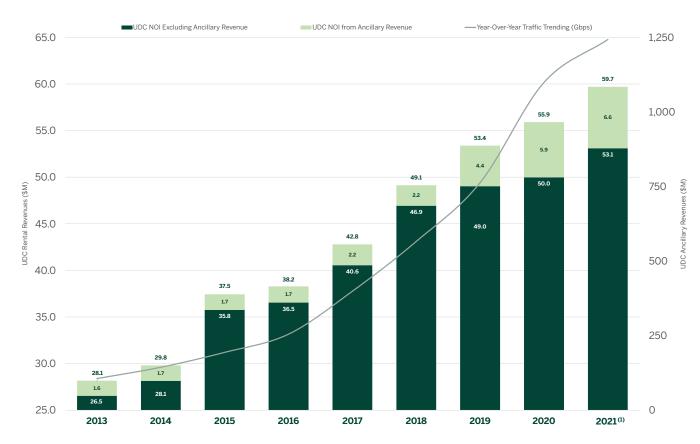


CONNECTIVITY



Source: PeeringDB.com

OUR URBAN DATA CENTRES ARE A CRITICAL COMPONENT OF CANADA'S COMMUNICATIONS INFRASTRUCTURE

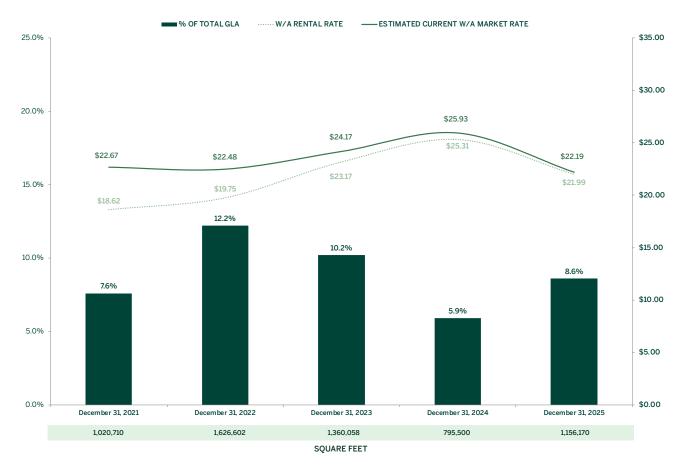


Source: TorIX Website (1) Reflects LQA NOI for the three months ended March 31, 2021.

NOI BY SEGMENT NOI BY USE 16.5% 16.5% **URBAN DATA CENTRES URBAN DATA CENTRES** 40.7% 10.9% TORONTO CALGARY, . 8.3% AND - EDMONTON RETAIL **KITCHENER** AND - 3.1% VANCOUVER PARKING 31.9% MONTRÉAL 72.1% AND OTTAWA OFFICE

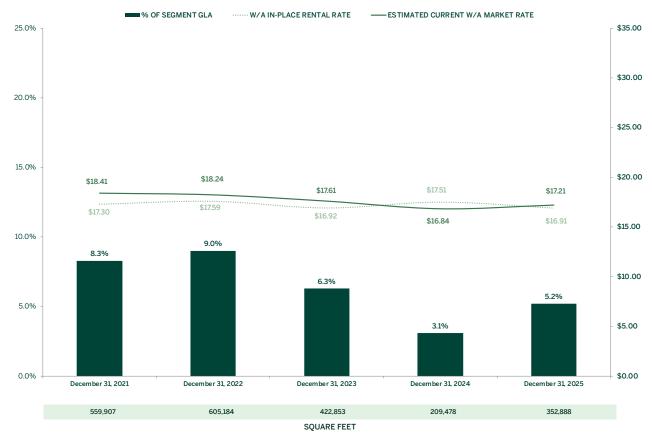
For the period ending March 31, 2021. See definition appendix for definition of NOI.

LEASE MATURITIES - URBAN WORKSPACE



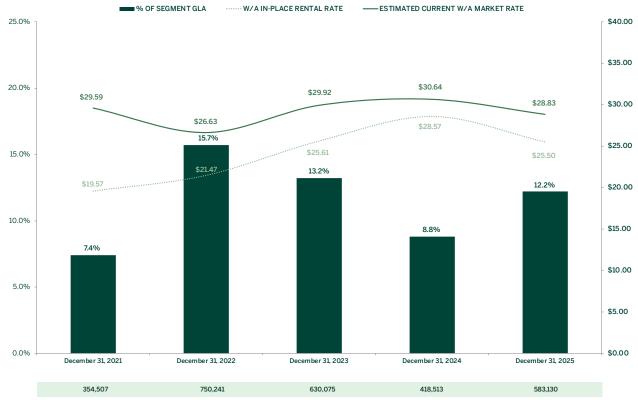
As of March 31, 2021. This slide contains forward-looking information.

LEASE MATURITIES - URBAN WORKSPACE MONTRÉAL AND OTTAWA



As of March 31, 2021. This slide contains forward-looking information.

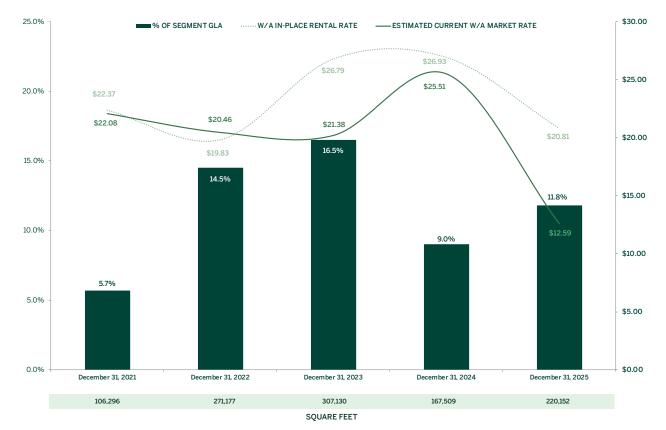
LEASE MATURITIES - URBAN WORKSPACE TORONTO AND KITCHENER



SQUARE FEET

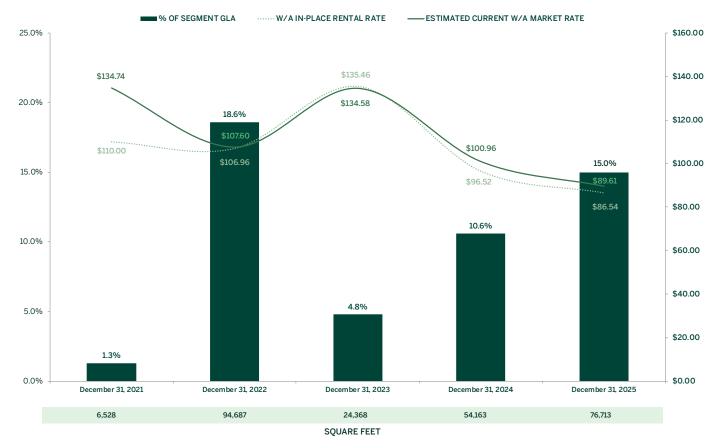
As of March 31, 2021. This slide contains forward-looking information.

LEASE MATURITIES - URBAN WORKSPACE CALGARY, EDMONTON AND VANCOUVER



As of March 31, 2021. This slide contains forward-looking information.

LEASE MATURITIES - URBAN DATA CENTRES



As of March 31, 2021. This slide contains forward-looking information.

TOP-TEN USERS

USER	SECTOR	% RENTAL REVENUE (Q1 2021)
CLOUD SERVICE PROVIDER	Data Centre/IT	4.5%
UBISOFT	Gaming/IT	2.6%
COLOGIX	Data Centre/IT	2.4%
EQUINIX	Data Centre/IT	2.2%
SHOPIFY INC.	Commerce/IT	1.5%
BELL CANADA	Telecommunications	1.5%
NATIONAL CAPITAL COMMISSION, A CANADIAN CROWN CORPORATION	Government	1.4%
MORGAN STANLEY	Financial	1.4%
TELUS COMMUNICATIONS INC.	Telecommunications	1.3%
GOOGLE CANADA CORPORATION	IT	1.1%
		19.9%

49% 2003

19.9%

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Development Portfolio

ACTIVE DEVELOPMENT PIPELINE

2021	ESTIMA	TED	% OF OFFICE DEVELOPMENT PRE-LEASED	2023	ESTIMA	TED	% OF OFFICE DEVELOPMENT PRE-LEASED
	GLA	NOI			GLA	NOI	
THE LOUGHEED	88,000	TBD	_	QRC WEST, PHASE II	90,000	\$4.2M	_
COLLEGE & MANNING*	27,000	\$1.1M	_	KING TORONTO*	100,000	\$5.5M	_
	115,000	\$1.1M+			190,000	\$9.7M	

2022	ESTIMATED		% OF OFFICE DEVELOPMENT PRE-LEASED	2024	E
	GLA	NOI			GLA
400 ATLANTIC	87,473	TBD	-	KING & BRANT	130,000
BOARDWALK-REVILLON BUILDING	297,851	TBD	_		130,000
BREITHAUPT, PHASE III*	147,000	\$5.4M	100%		
THE WELL*	763,000	\$40.4M	85%		
ADELAIDE & DUNCAN*	230,000	\$10.4M	100%		

ESTIMA	TED	% OF OFFICE DEVELOPMENT PRE-LEASED
GLA	NOI	
130,000	TBD	-
130,000	TBD	



*Co-ownership

Estimated NOI from development completion is based on stabilized occupancy and in the first year its impact will be moderated by the discontinuation of capitalized interest.

1,525,324 \$56.2M+

FUTURE/SHADOW DEVELOPMENT PIPELINE

Zoning Approval in Place To Be Rezoned and in Progress

	ESTIMATED
Toronto	GLA
UNION CENTRE	1,129,000
KING & PETER	790,000
ADELAIDE & SPADINA	230,000
	2,149,000
	ESTIMATED
Montréal	GLA
LE NORDELEC	230,000
	2,379,000

	ESTIMATED
	GLA
TORONTO	5,279,176
MONTRÉAL	1,652,207
CALGARY	1,150,921
OTHER	391,482
	8,473,786

	TOTAL	10,852,786
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The Lougheed



400 Atlantic Montréal



Boardwalk-Revillon Building

Edmonton



Breithaupt III Kitchener

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The Well



Adelaide & Duncan

Toronto



QRC West Phase II



KING Toronto

Toronto



King & Brant



400 West Georgia

Vancouver

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Development Completions

QRC WEST, TORONTO

This was a pioneering, large-scale intensification project that involved the integratation of two restored heritage buildings with a new, mid-rise office structure. The project commenced in 2010 and was completed in 2015. It is comprised of 345,274 square feet of GLA and is fully leased.

DEVELOPMENT ECONOMICS	INVESTMENT					
LAND COSTS	\$11,000					
HARD & SOFT COSTS	104,000					VALUE
CAPITALIZED INTEREST & OPERATING COSTS	15,000	STABILIZED NOI	UNLEVERED YIELD ON COST	FAIR VALUE	VALUE CREATION	CREATION AS % OF COST
TOTAL DEVELOPMENT COSTS	\$130,000	\$12,776	9.8%	\$294,910	\$164,910	126.9%

THE BREITHAUPT BLOCK, KITCHENER

Allied acquired an undivided 50% interest in the property in 2010 and immediately put it into development, completing the first phase in 2014 and the second phase in mid-2016. The property is an equal two-way joint arrangement between Allied and Perimeter Development Corporation. It is comprised of 226,400 square feet of GLA (Allied's share 113,200 square feet) and is fully leased.

DEVELOPMENT ECONOMICS	INVESTMENT					
LAND COSTS	\$4,000					
HARD & SOFT COSTS	18,470					VALUE
CAPITALIZED INTEREST & OPERATING COSTS	2,550	STABILIZED NOI	UNLEVERED YIELD ON COST	FAIR VALUE	VALUE CREATION	CREATION AS % OF COST
TOTAL DEVELOPMENT COSTS	\$25,020	\$2,000	8.0%	\$49,100	\$24,080	96.2%

180 JOHN STREET, TORONTO

Allied acquired the property in 2015. The property was redeveloped, is compromised of 45,631 square feet of GLA and is fully leased.

DEVELOPMENT ECONOMICS	INVESTMENT					
LAND COSTS	\$8,700					
HARD & SOFT COSTS	17,500					
CAPITALIZED INTEREST & OPERATING COSTS	1,300	STABILIZED NOI	UNLEVERED YIELD ON COST	FAIR VALUE	VALUE CREATION	VALUE CREATION AS % OF COST
TOTAL DEVELOPMENT COSTS	\$27,500	\$1,600	5.8%	\$31,410	\$3,910	14.2%

189 JOSEPH, KITCHENER

189 Joseph was purchased as part of The Tannery in 2012. The building stood vacant, and was slated to be demolished before Allied proposed the redevelopment and secured Deloitte as the user. The project commenced in late-2015 and was completed mid-2017. It is comprised of 26,462 square feet of GLA and is fully leased.

DEVELOPMENT ECONOMICS	INVESTMENT					
LAND COSTS	\$230					
HARD & SOFT COSTS	10,890					VALUE
CAPITALIZED INTEREST & OPERATING COSTS	240	STABILIZED NOI	UNLEVERED YIELD ON COST	FAIR VALUE	VALUE CREATION	CREATION AS % OF COST
TOTAL DEVELOPMENT COSTS	\$11,360	\$720	6.3%	\$13,620	\$2,260	19.9%

425 VIGER, MONTRÉAL

In 2004, Allied expanded into Montréal with the purchase of 425 Viger. At the time, the property comprised of 200,000 square feet of GLA and was fully leased. In 2007, Allied purchased the adjacent parking lot with the intention of intensifying the combined property once the main user's lease expired. Allied began the intensification activity in Q1 2018, and completed the project in Q2 2020. The property now consists of 315,979 square feet of GLA.

DEVELOPMENT ECONOMICS	INVESTMENT					
LAND COSTS	\$30,076					
HARD & SOFT COSTS	66,353					VALUE
CAPITALIZED INTEREST & OPERATING COSTS	7,839	LQA NOI	UNLEVERED YIELD ON COST	FAIR VALUE	VALUE CREATION	CREATION AS % OF COST
TOTAL DEVELOPMENT COSTS	\$104,268	\$8,422	8.1%	\$166,880	\$62,612	60.0%

KING PORTLAND CENTRE, TORONTO

In 2012, Allied entered into an equal two-way joint arrangement with RioCan to develop King Portland Centre. Allied and RioCan each acquired an undivided 50% interest in 642 King W and 620 King W and subsequently put them into development, completing 642 King W in early 2018 and 620 King W in early 2019. They are comprised of 299,150 square feet of GLA (Allied's share 149,575 square feet) and are 99.7% leased. 602-606 King W is excluded from the figures below as they were never under development. The property is targeting LEED platinum certification.

DEVELOPMENT ECONOMICS	INVESTMENT					
LAND COSTS	\$21,478					
HARD & SOFT COSTS	64,437					
CAPITALIZED INTEREST & OPERATING COSTS CONDOMINIUM PROFITS	5,033 (14,270)	LQA NOI	UNLEVERED YIELD ON COST	FAIR VALUE	VALUE CREATION	VALUE CREATION AS % OF COST
TOTAL DEVELOPMENT COSTS	\$76,678	\$6,186	8.1%	\$155,780	\$79,102	103.2%



Risk Management



- 15% limitation on development
- Pre-leasing
- Partial monetization
- Financial management
- Collaboration



- Low leverage
- Long-term, fixed-rate debt
- Net debt to EBITDA ratio of 7.9x
- Debt ratio 31.1%
- Interest coverage ratio of 3.3x

The above ratios are calculated as at March 31, 2021, Interest coverage ratio includes capitalized interest and excludes prepayment costs.

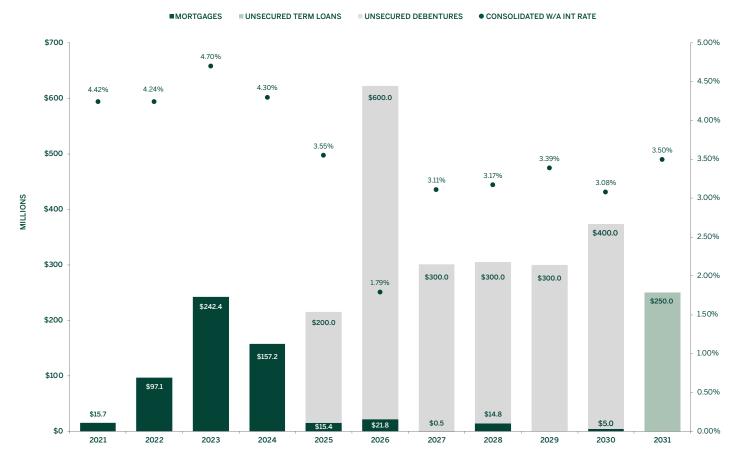
Debt in "debt ratio" refers to total debt. See definition appendix for definition of total debt and EBITDA.

FINANCIAL COVENANTS

SENIOR UNSECURED DEBENTURES

COVENANT	THRESHOLD	MARCH 31, 2021
PRO FORMA INTEREST COVERAGE RATIO	Maintain a 12-month rolling consolidated pro forma EBITDA of at least 1.65 times pro forma interest expense	2.9x
PRO FORMA ASSET COVERAGE TEST	Maintain net consolidated debt below 65% of net aggregate assets on a pro forma basis	31.0%
EQUITY MAINTENANCE	Maintain Unitholders' equity above \$300,000,000	\$6,199,929,000
PRO FORMA UNENCUMBERED NET AGGREGATE ADJUSTED ASSET RATIO	Maintain pro forma unencumbered net aggregate adjusted assets above 1.4 times consolidated unsecured indebtedness	3.2x

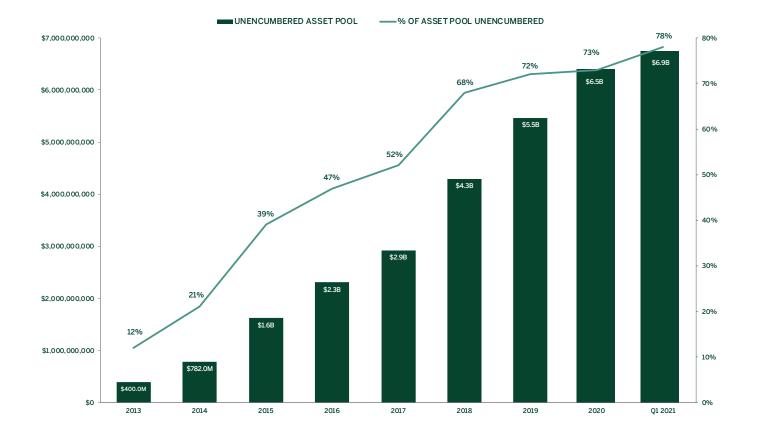
DEBT MATURITY CHART



This chart summarizes the principal payable in regards to Allied's debt obligations as at March 31, 2021.

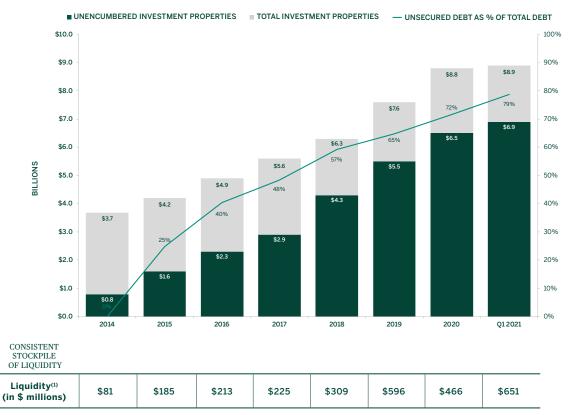
64

UNENCUMBERED ASSETS



As of March 31, 2021.

MAXIMIZING FLEXIBILTY WHILE STRENGTHENING THE BALANCE SHEET



CREDIT RATINGS

Investment grade since 2014

MORNINGSTAR DBRS BBBB Stable

Moody's Investors service Baa2

(1) Excludes accordion feature of \$100 million on Allied's unsecured revolving credit facility.

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Environmental, Social & Governance (ESG)

ENVIRONMENTAL, SOCIAL & GOVERNANCE

ENVIRONMENTAL

Our impact on the natural world at both corporate and property levels.

We aim to protect the natural environment, while reducing our environmental footprint through thoughtful acquisitions, development, and operations.

SOCIAL

Our relationship with key stakeholders, including users, employees, suppliers, and the communities in which we operate.

We aim to increase employee and user engagement and support the neighbourhoods where we operate.

GOVERNANCE

Our internal policies, programs, and processes that support the management of our business and the execution of ESG related activities.

We aim to ensure our governance infrastructure supports equitable, transparent, and responsible business conduct.

STEPS TO MEASURE AND IMPROVE PERFORMANCE

ENVIRONMENTAL

- On December 17, 2020, Allied obtained a \$232.5 million green construction loan for the KING Toronto development which has been used towards achieving a minimum LEED Gold Certification.
- On February 3, 2021, Allied announced its Green Financing Framework under which Allied or any of its subsidiaries may issue green bonds, green loans, or other financial instruments to finance and/or re-finance eligible green projects. On February 12, 2021, Allied closed its inaugural \$600 million green bond issuance under its Framework.

SOCIAL

- Engaged Kincentric to conduct employee engagement survey in 2020.
 - Scored 78%, in the top quartile of participating Canadian employers.
- Engaged Veza Global to conduct equity, diversity, and inclusion audit (EDI) in 2020.
 - Allied's EDI Committee prepared EDI Roadmap to prioritize key actions for the next 3 years.

GOVERNANCE

- Scored 87/100 on the 2020 Report on Business's Board Games evaluation of Canada's corporate boards listed on the S&P/TSX Composite Index.
- Received 4 on our Institutional Shareholder Services (ISS) Governance QualityScore as of March 9, 2021.

Best Employer



ISS

STEPS TO MEASURE AND IMPROVE PERFORMANCE

GRESB

- Submitted to GRESB in 2020 on 2019 performance.
 - Scored 64
 - "Strong First-Year Showing" according to GRESB.
 - Committed to submit to GRESB annually.

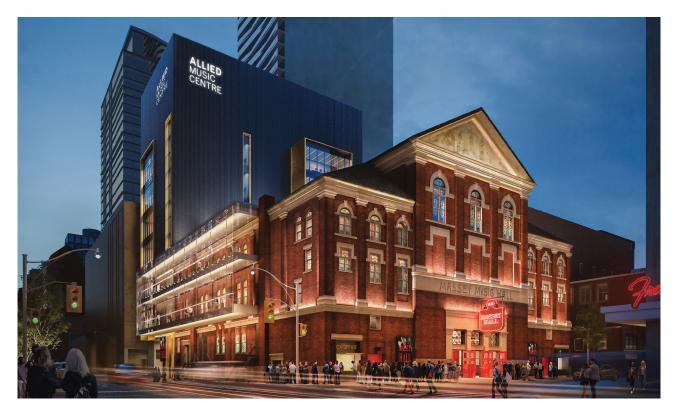
ESG REPORTING

- Allied released its inaugural ESG report in 2020, using data and analysis from 2019, and is committed to reporting on a yearly basis moving forward. *Read More* ≥
- Allied's forthcoming ESG report will align to the Global Reporting Initiative (GRI) and Sustainability Accounting Standards Board (SASB) guidelines.



MASSEY HALL FOREVER

On December 8, 2020, Massey Hall announced that Allied made a landmark contribution to the Massey Hall revitalization. This transformative support expands the project's original scope and introduces Canada's premiere multi-purpose performance facility, Allied Music Centre, home of historic Massey Hall.



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WiredScore

WIREDSCORE

- WiredScore is a company founded on the principle of wanting to improve the technological infrastructure of cities.



- WiredScore Certification is a commercial real estate rating system that empowers owners to understand, improve, and promote their buildings' digital infrastructure.
- Allied has chosen to partner with WiredScore to review 120 properties to ensure that we can provide the digital infrastructure to support our user connectivity needs.
- Allied is committed to providing superior digital connectivity to facilitate the business, creativity, and day-to-day operations of all of our users.

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Appendix Definitions

CERTAIN DEFINITIONS AND NON-IFRS MEASURES

Certain defined terms used in this investor presentation have the following meaning:

"EBITDA"

EBITDA is a non-IFRS financial measure and should not be considered as an alternative to net income or net income and comprehensive income, cash flow from operating activities or any other measure prescribed under IFRS. EBITDA does not have any standardized meaning prescribed by IFRS. As computed by us, EBITDA may differ from similar computations reported by other Canadian real estate investment trusts and, accordingly, may not be comparable to similar computations reported by such organizations. Management considers EBITDA to be a useful measure for the purpose of evaluating debt levels and interest coverage. For a full explanation of EBITDA and a reconciliation to IFRS please see Allied REIT Q1 2021 MD&A "Other Financial Performance Measures".

"INTEREST"

Interest is defined as interest expense and other financing costs including capitalized interest.

"NOI"

NOI is a non-IFRS financial measure and should not be considered as an alternative to net income or net income and comprehensive income, cash flow from operating activities or any other measure prescribed under IFRS. NOI does not have any standardized meaning prescribed by IFRS. As computed by us, NOI may differ from similar computations reported by other Canadian real estate investment trusts and, accordingly, may not be comparable to similar computations reported by such organizations. Management considers NOI to be a useful measure of performance for rental properties. For a full explanation of NOI and a reconciliation to IFRS please see Allied REIT Q1 2021 MD&A "Net Operating Income ("NOI").

"TOTAL DEBT"

Total debt is a non-IFRS financial measure and does not have any standard meaning prescribed by IFRS. As computed by us, total debt may differ from similar computations reported by other Canadian real estate investment trusts and, accordingly, may not be comparable to similar computations Reported by such organizations. Management considers total debt to be a useful measure for evaluating debt levels and interest coverage. For a full explanation of total debt and an illustration of the calculation of total debt, please see Allied REIT Q1 2021 MD&A "debt".

"TOTAL RETURN"

Total return is based on \$100 in units invested on February 6th, 2003 and ending on March 31, 2021, assuming the re-investment of all cash distributions of the trust on the day of the distribution.

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