

CREATIVITY & CONNECTIVITY

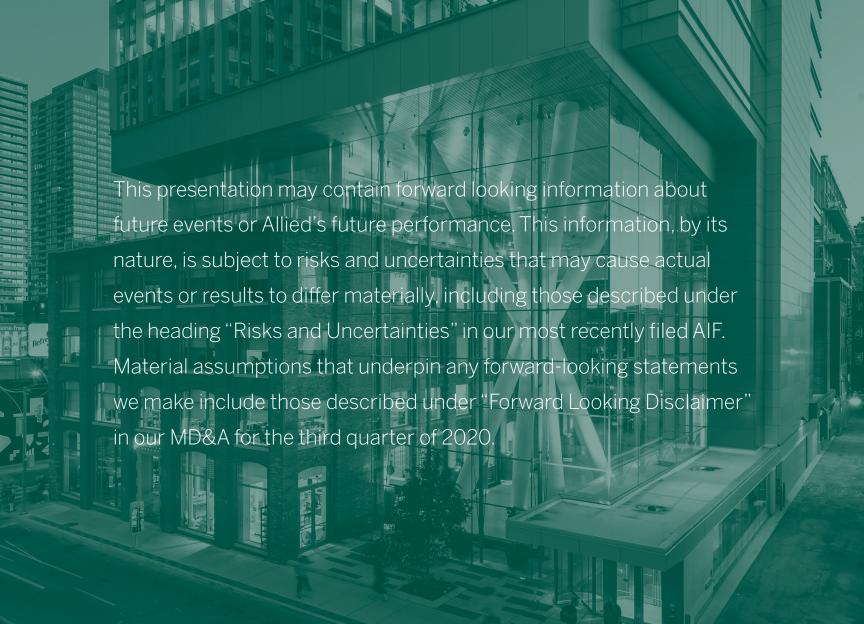


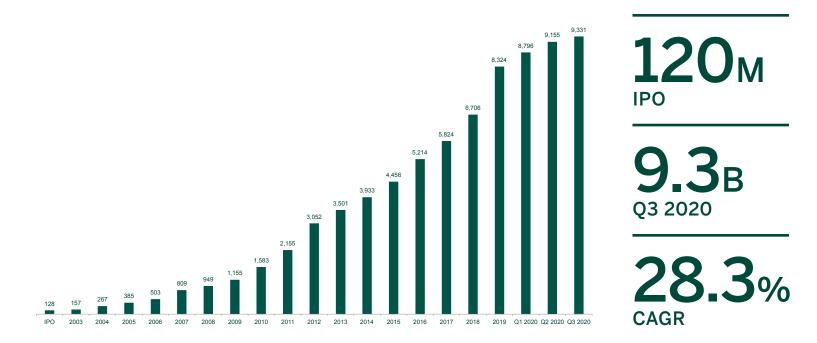
TABLE OF CONTENTS

Investment Highlights 4
Strategy
Rental Portfolio
Development Portfolio
Development Completions
Risk Management 56
Environmental, Social & Governance Framework 62
WiredScore65
Appendix Definitions 67

INVESTMENT HIGHLIGHTS

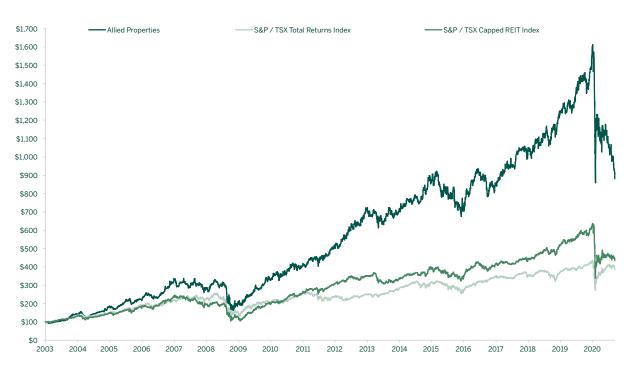
- At the forefront of urban intensification in Canada's major cities
- Fully internalized and entrepreneurial management team
- Strong growth platform
- Strong financial foundation
- 28% compound annual growth rate on total assets
- 13.1% average annual total return

PORTFOLIO GROWTH - TOTAL ASSETS (M)



Values up to December 31st, 2009 are based on financial reporting prepared in accordance with previous Canadian GAAP standards. Values after that date are reported in accordance with International Financial Reporting Standards (IFRS). As at period ending September 30, 2020.

RETURNS TO UNITHOLDERS TOTAL RETURN INDEX



13.1%

AVERAGE ANNUAL TOTAL RETURN

Source: Bloomberg as of October 28, 2020



ALLIED Strategy

CONSOLIDATION OF URBAN OFFICE PROPERTIES

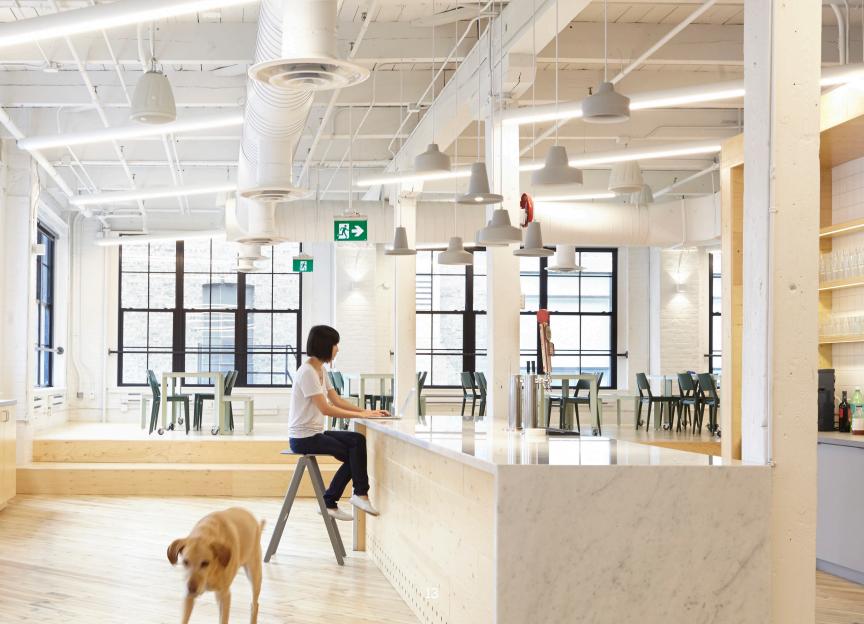
- Close to core
- Distinctive
- Lower occupancy costs















INTENSIFICATION OF URBAN OFFICE PROPERTIES

Underutilized land

- Additional rentable area with low land cost
- Value creation



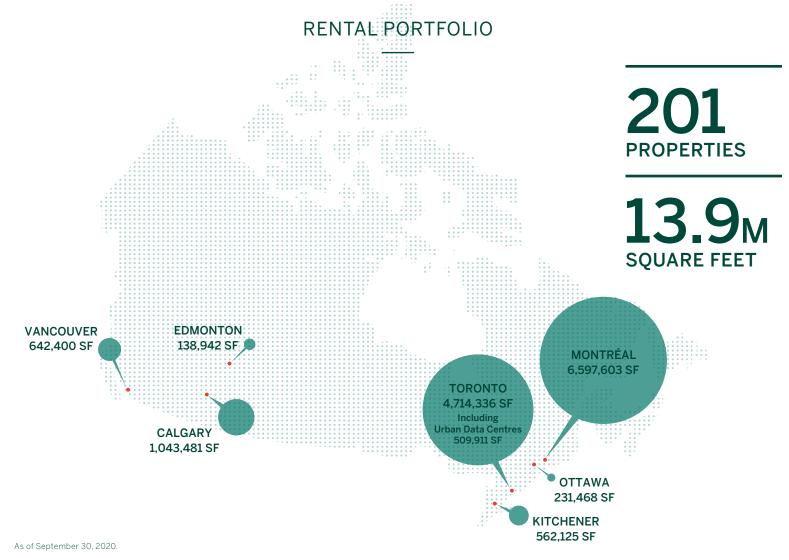




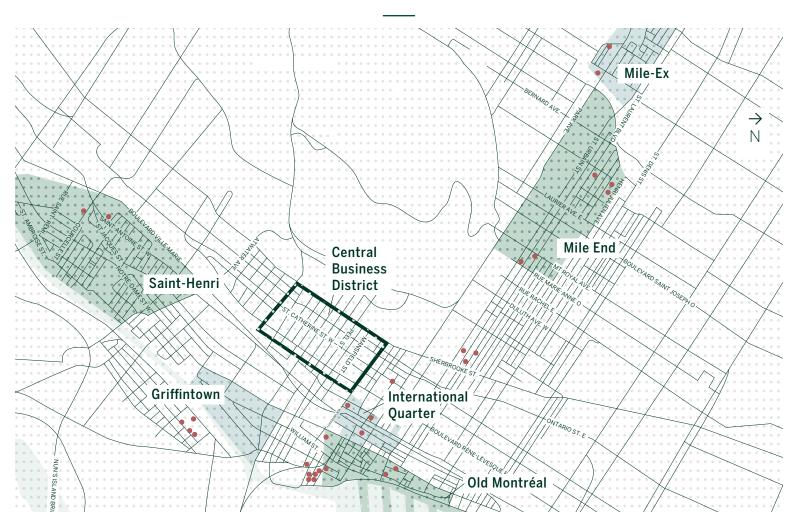




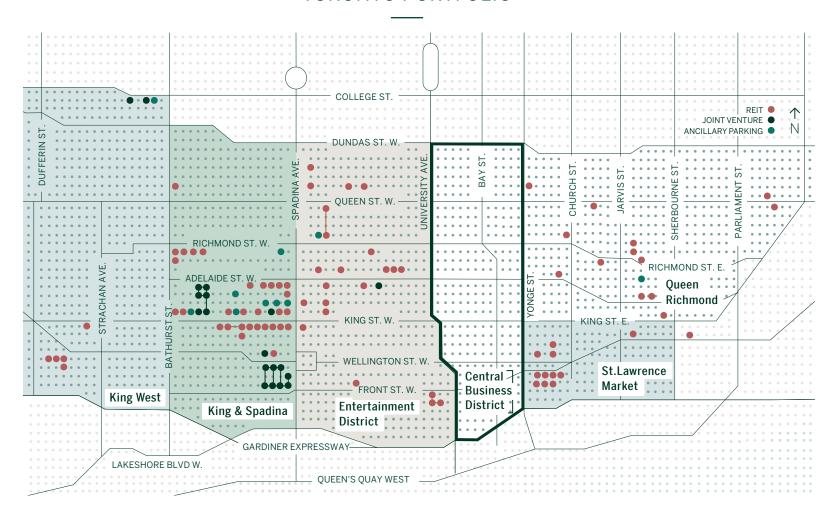
ALLIED Rental Portfolio



MONTRÉAL PORTFOLIO



TORONTO PORTFOLIO



CALGARY PORTFOLIO



VANCOUVER PORTFOLIO



URBAN WORKSPACE TOP-TEN PROPERTIES

PROPERTY NAME	NORMALIZED LQA NOI	APPRAISED FAIR VALUE	CAP RATE	PRINCIPAL USERS
CITÉ MULTIMÉDIA, MONTRÉAL	\$20,987	\$428,240	4.75%	Desjardins, Morgan Stanley, SAP Canada
700 DE LA GAUCHETIÈRE, MONTRÉAL	17,303	366,640	5.25%	AON Canada Inc, Autorité Régionale de Transport Métropolitain, National Bank of Canada, Hydro-Québec
LE NORDELEC, MONTRÉAL	15,064	292,580	5.00%	Gsoft, Unity Technologies, Yellow Pages Media
QRC WEST, TORONTO	12,657	287,150	4.25%	eOne, Sapient Canada
747 RUE DU SQUARE VICTORIA, MONTRÉAL	11,186	276,000		C-Cap Commercial, Dussault Systèmes Canada, Secretariat of the Convention on Biological Diversity, Société Québecoise des Infrastructures
5455 DE GASPÉ, MONTRÉAL	8,633	144,840	5.00%	Attraction Media, Framestore, Ubisoft
555 RICHMOND W, TORONTO	7,826	180,380	4.75%	Centre Francophone de Toronto, Synaptive
375 WATER, VANCOUVER	9,074	225,000		Incognito Software Inc., Quarterdeck Brewing Co, Salesforce.com
5445 DE GASPÉ, MONTRÉAL	6,320	98,910	5.25%	Ubisoft, Sun Life
KING PORTLAND CENTRE, TORONTO	6,186	162,860	3.81%	Indigo, Shopify
TOTAL	\$115,236	\$2,462,600	4.77%	

NETWORK-DENSE URBAN DATA CENTRES

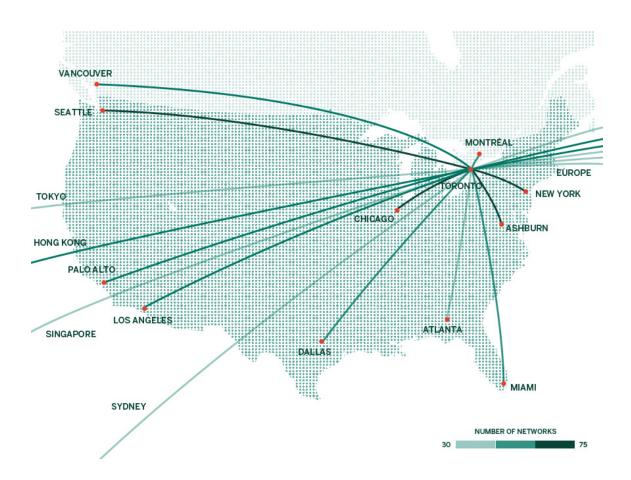
PROPERTY NAME	NORMALIZED LQA NOI	APPRAISED FAIR VALUE	CAP RATE	PRINCIPAL USERS
151 FRONT W, TORONTO	\$36,096	\$582,910	5.00%	Bell, Cologix, Equinix
250 FRONT W, TORONTO	12,419	331,650	5.75%	AWS, Cloud Service Provider
905 KING W, TORONTO	4,395	101,780	5.75%	Beanfield, Cloud Service Provider, Cologix
TOTAL	\$52,910	\$1,016,340	5.32%	



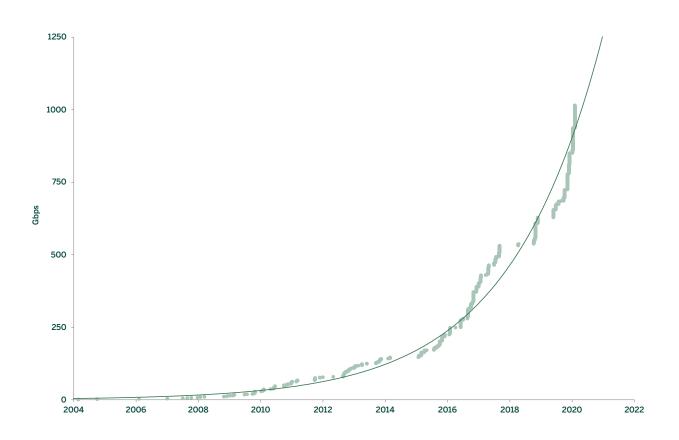




CONNECTIVITY

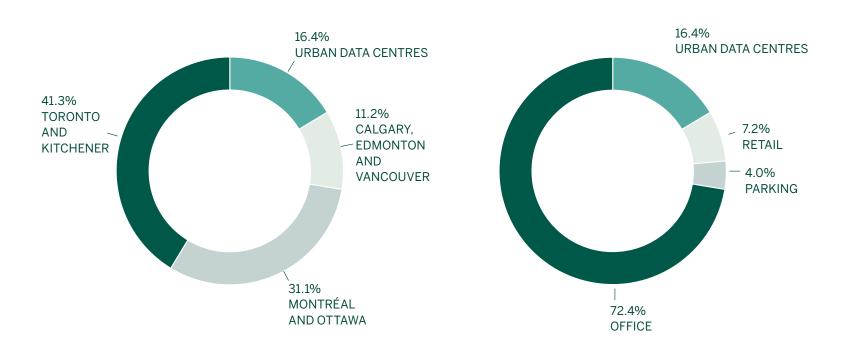


INTERNET TRAFFIC ON TORIX



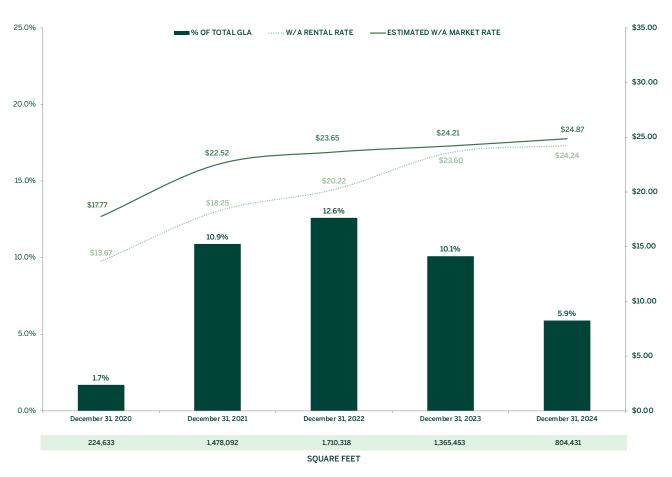
NOI BY SEGMENT

NOI BY USE

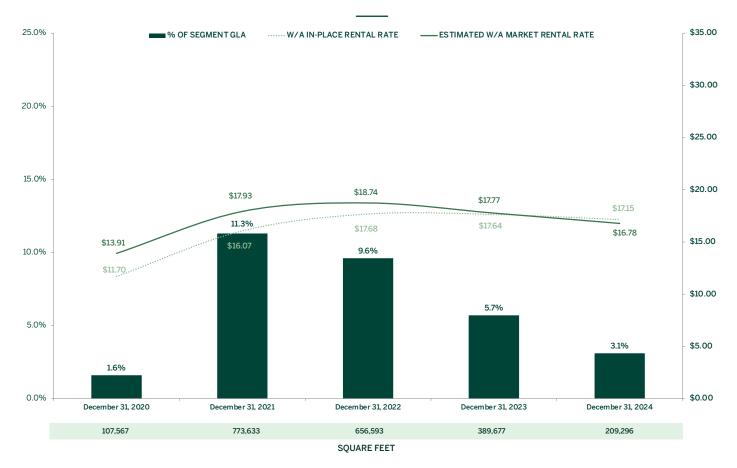


For the period ending September 30, 2020. See definition appendix for definition of NOI.

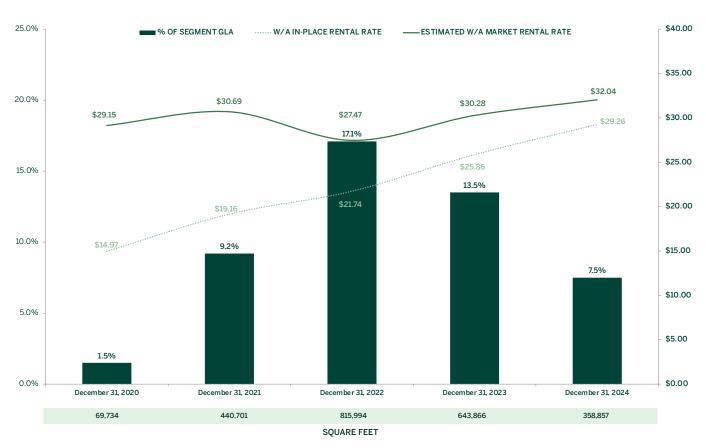
LEASE MATURITIES - URBAN WORKSPACE



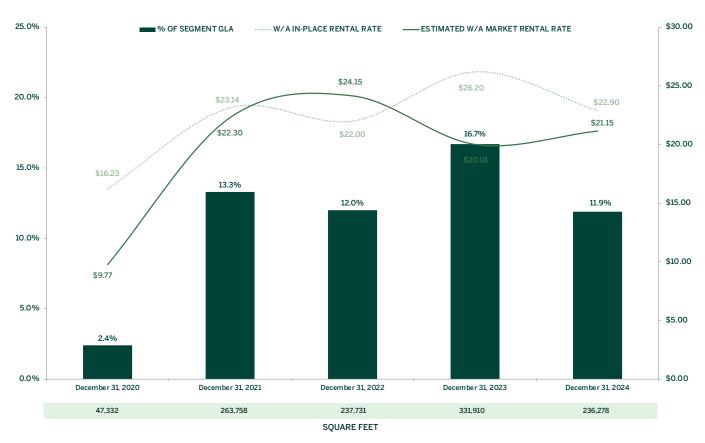
LEASE MATURITIES - URBAN WORKSPACE MONTRÉAL AND OTTAWA



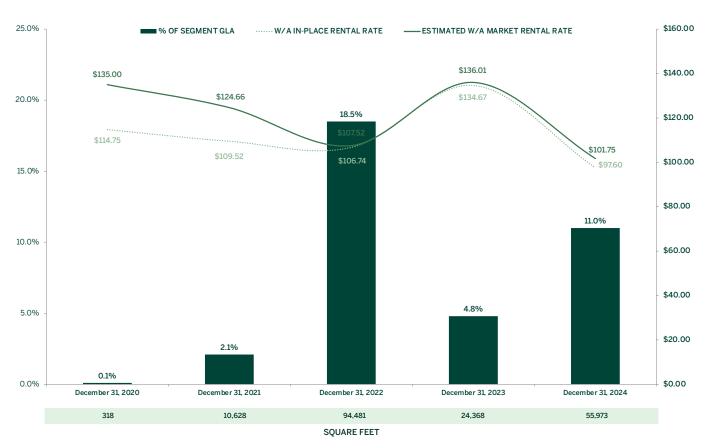
LEASE MATURITIES - URBAN WORKSPACE TORONTO AND KITCHENER



LEASE MATURITIES - URBAN WORKSPACE CALGARY, EDMONTON AND VANCOUVER



LEASE MATURITIES - URBAN DATA CENTRES



TOP-TEN USERS

USER SECTOR % RENTAL REVENUE (Q3 2020) **CLOUD SERVICE PROVIDER** Data Centre/IT 4.5% **UBISOFT** Gaming/IT 2.7% COLOGIX Data Centre/IT 2.4% **EQUINIX** Data Centre/IT 2.1% SHOPIFY INC. Commerce/IT 1.5% NATIONAL CAPITAL COMMISSION. A CANADIAN CROWN CORPORATION Government 1.4% **BELL CANADA** Telecommunications 1.4% MORGAN STANLEY Financial 1.3% **ENTERTAINMENT ONE** Media/Entertainment 1.0% **TECHNICOLOR CANADA** Media/Entertainment 1.0% 19.3%

49%

19.3% Q3 2020



Development Portfolio

ACTIVE DEVELOPMENT PIPELINE

2020	ESTIMA	% OF OFFICE DEVELOPMENT PRE-LEASED	
	GLA	NOI	
TELUS SKY*	218,000	\$8.0M	67%
	218,000	\$8.0M	

2022	ESTIM	ESTIMATED			
	GLA	NOI			
BREITHAUPT, PHASE III*	147,000	\$5.4M	100%		
THE WELL*	763,000	\$40.4M	84%		
ADELAIDE & DUNCAN*	230,000	\$10.4M	100%		
	1,140,000	\$56.2M			

2021	ESTIMA	% OF OFFICE DEVELOPMEN PRE-LEASED	
	GLA	NOI	
THE LOUGHEED	88,000	TBD	_
COLLEGE & MANNING*	27,000	\$1.1M	_
BOARDWALK BUILDING	159,000	TBD	_
	274,000	\$1.1M+	

20	023	ESTIMA	% OF OFFICE DEVELOPMENT PRE-LEASED		
		GLA	NOI		
Q	RC WEST, PHASE II	90,000	TBD	_	
K	ING TORONTO*	100,000	\$5.5M	_	
		190,000	\$5.5M+		

64% PRE-LEASED

Estimated NOI from development completion is based on stabilized occupancy and in the first year its impact will be moderated by the discontinuation of capitalized interest.

^{*}Co-ownership

FUTURE/SHADOW DEVELOPMENT PIPELINE

Zoning Approval in Place To Be Rezoned

	ESTIMATED
Toronto	GLA
UNION CENTRE	1,129,000
KING & PETER	790,000
ADELAIDE & SPADINA	230,000
KING & BRANT	130,000
	2,279,000
	ESTIMATED
Montréal	GLA
LE NORDELEC	230,000
	2,509,000



















Development Completions

QRC WEST, TORONTO

This was a pioneering, large-scale intensification project that involved the integratation of two restored heritage buildings with a new, mid-rise office structure. The project commenced in 2010 and was completed in 2015. It is comprised of 345,274 square feet of GLA and is fully leased.

DEVELOPMENT ECONOMICS	INVESTMENT					
LAND COSTS	\$11,000					
HARD & SOFT COSTS	104,000					VALUE
CAPITALIZED INTEREST & OPERATING COSTS	15,000	STABILIZED NOI	UNLEVERED YIELD ON COST	FAIR VALUE	VALUE CREATION	CREATION AS % OF COST
TOTAL DEVELOPMENT COSTS	\$130,000	\$12,657	9.7%	\$287,150	\$157,150	120.9%

THE BREITHAUPT BLOCK, KITCHENER

Allied acquired an undivided 50% interest in the property in 2010 and immediately put it into development, completing the first phase in 2014 and the second phase in mid-2016. The property is an equal two-way joint arrangement between Allied and Perimeter Development Corporation. It is comprised of 226,400 square feet of GLA (Allied's share 113,200 square feet) and is fully leased.

DEVELOPMENT ECONOMICS	INVESTMENT					
LAND COSTS	\$4,000					
HARD & SOFT COSTS	18,470					VALUE
CAPITALIZED INTEREST & OPERATING COSTS	2,550	STABILIZED NOI	UNLEVERED YIELD ON COST	FAIR VALUE	VALUE CREATION	CREATION AS % OF COST
TOTAL DEVELOPMENT COSTS	\$25,020	\$1,950	7.8%	\$46,100	\$21,080	84.3%

180 JOHN STREET, TORONTO

Allied acquired the property in 2015. The property was redeveloped and leased in its entirety to Spaces. The project was completed in 2017. It is comprised of 45,631 square feet of GLA and is fully leased.

DEVELOPMENT ECONOMICS	INVESTMENT					
LAND COSTS	\$8,700					
HARD & SOFT COSTS	17,500					
CAPITALIZED INTEREST & OPERATING COSTS	1,300	STABILIZED NOI	UNLEVERED YIELD ON COST	FAIR VALUE	VALUE CREATION	VALUE CREATION AS % OF COST
TOTAL DEVELOPMENT COSTS	\$27,500	\$1,600	5.8%	\$31,430	\$3,930	14.3%

189 JOSEPH, KITCHENER

189 Joseph was purchased as part of The Tannery in 2012. The building stood vacant, and was slated to be demolished before Allied proposed the redevelopment and secured Deloitte as the user. The project commenced in late-2015 and was completed mid-2017. It is comprised of 26,462 square feet of GLA and is fully leased.

DEVELOPMENT ECONOMICS	INVESTMENT					
LAND COSTS	\$230					
HARD & SOFT COSTS	10,890					VALUE
CAPITALIZED INTEREST & OPERATING COSTS	240	STABILIZED NOI	UNLEVERED YIELD ON COST	FAIR VALUE	VALUE CREATION	CREATION AS % OF COST
TOTAL DEVELOPMENT COSTS	\$11,360	\$720	6.3%	\$13,560	\$2,200	19.4%

425 VIGER, MONTRÉAL

In 2004, Allied expanded into Montreal with the purchase of 425 Viger. At the time, the property comprised of 200,000 square feet of GLA and was fully leased. In 2007, Allied purchased the adjacent parking lot with the intention of intensifying the combined property once the main user's lease expired. Allied began the intensification activity in Q1 2018, and completed the project in Q2 2020. The property now consists of 317,500 square feet of GLA.

DEVELOPMENT ECONOMICS	INVESTMENT					
LAND COSTS	\$30,076					
HARD & SOFT COSTS	66,353					VALUE
CAPITALIZED INTEREST & OPERATING COSTS	7,839	STABILIZED NOI	UNLEVERED YIELD ON COST	FAIR VALUE	VALUE CREATION	CREATION AS % OF COST
TOTAL DEVELOPMENT COSTS	\$104,268	\$8,422	8.1%	\$148,430	\$44,162	42.4%

KING PORTLAND CENTRE, TORONTO

In 2012, Allied entered into an equal two-way joint arrangement with RioCan to develop King Portland Centre. Allied and RioCan each acquired an undivided 50% interest in 642 King W and 620 King W and subsequently put them into development, completing 642 King W in early 2018 and 620 King W in early 2019. They are comprised of 298,486 square feet of GLA (Allied's share 149,243 square feet) and are 99.7% leased. 602-606 King W is excluded from the figures below as they were never under development.

DEVELOPMENT ECONOMICS	INVESTMENT					
LAND COSTS	\$21,478					
HARD & SOFT COSTS	64,437					
CAPITALIZED INTEREST & OPERATING COSTS CONDOMINIUM PROFITS	5,033 (14,270)	STABILIZED NOI	UNLEVERED YIELD ON COST	FAIR VALUE	VALUE CREATION	VALUE CREATION AS % OF COST
TOTAL DEVELOPMENT COSTS	\$76,678	\$6,186	8.1%	\$138,640	\$61,962	80.8%



Risk Management

DEVELOPMENT

- 15% limitation on development
- Pre-leasing
- Partial monetization
- Financial management
- Collaboration

BALANCE SHEET

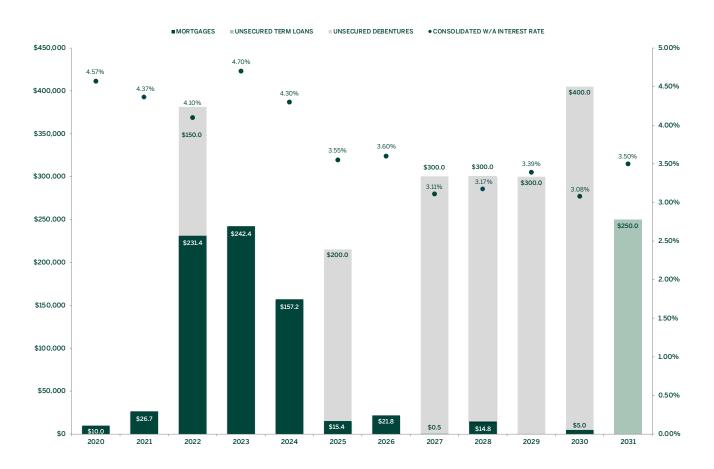
- Low leverage
- Long-term, fixed-rate debt
- Net debt to EBITDA ratio of 7.3x
- Debt ratio 28.8%
- Interest coverage ratio of 3.3x

FINANCIAL COVENANTS

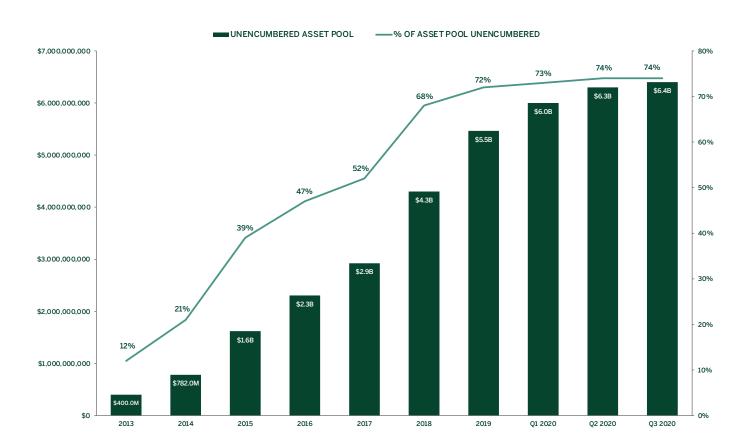
SENIOR UNSECURED DEBENTURES

COVENANT	THRESHOLD	SEPTEMBER 30, 2020
PRO FORMA INTEREST COVERAGE RATIO	Maintain a 12-month rolling consolidated pro forma EBITDA of at least 1.65 times pro forma interest expense	3.1x
PRO FORMA ASSET COVERAGE TEST	Maintain net consolidated debt below 65% of net aggregate assets on a pro forma basis	28.7%
EQUITY MAINTENANCE	Maintain Unitholders' equity above \$300,000	\$6,144,568
PRO FORMA UNENCUMBERED NET AGGREGATE ADJUSTED ASSET RATIO	Maintain pro forma unencumbered net aggregate adjusted assets above 1.4 times consolidated unsecured indebtedness	3.7x

DEBT MATURITY CHART



UNENCUMBERED ASSETS





Environmental, Social & Governance

ENVIRONMENTAL, SOCIAL & GOVERNANCE FRAMEWORK

ENVIRONMENTAL

Our impact on the natural world at both corporate and property levels.

We aim to protect and enhance the natural environment, while reducing our environmental footprint at all stages of the real estate value chain, through acquisition, development, and ongoing operations.

SOCIAL

Our relationship with key stakeholders, including users, employees, suppliers, and the communities in which we operate.

We aim to increase both employee and user satisfaction and support local vibrancy in the neighbourhoods where we operate.

GOVERNANCE

Our internal policies, programs, and processes that support the management of our business and the execution of ESG related activities.

We aim to ensure our governance infrastructure supports equitable, transparent, and responsible business conduct.

STEPS TO MEASURE AND IMPROVE PERFORMANCE

ENVIRONMENTAL

- Submitted to GRESB in 2020 on 2019 performance.
- Results to be announced Nov 24th, 2020 identified as having "Strong First-Year Showing" according to GRESB.



SOCIAL

- Engaged Kincentric to conduct employee engagement survey in 2020.
- Scored **78%**, in the top quartile of participating Canadian employers.

Best Employer

GOVERNANCE

- Engaged Veza Global to conduct equity, diversity, and inclusion audit.
 - Results and recommendations to be presented to Board on December 2nd, 2020.
- Scored **82/100** on the 2019 Report on Business's Board Games evaluation of Canada's corporate boards listed on the S&P/TSX Composite Index.
- Received **4** on our Institutional Shareholder Services (ISS) Governance QualityScore as of November 1, 2020.
 - Indicating relatively higher quality in governance practices and relatively lower governance risk.







ALLIED WiredScore

WIREDSCORE

- WiredScore is a company founded on the principle of wanting to improve the technological infrastructure of cities.



- WiredScore Certification is a commercial real estate rating system that empowers owners to understand, improve, and promote their buildings' digital infrastructure.
- Allied has chosen to partner with WiredScore to review 120
 properties to ensure that we can provide the digital infrastructure
 to support our user connectivity needs.
- Allied is committed to providing superior digital connectivity to facilitate the business, creativity, and day-to-day operations of all of our users.



Appendix Definitions

CERTAIN DEFINITIONS AND NON-IERS MEASURES

Certain defined terms used in this investor presentation have the following meaning:

"EBITDA"

EBITDA is a non-IFRS financial measure and should not be considered as an alternative to net income or net income and comprehensive income, cash flow from operating activities or any other measure prescribed under IFRS. EBITDA does not have any standardized meaning prescribed by IFRS. As computed by us, EBITDA may differ from similar computations reported by other Canadian real estate investment trusts and, accordingly, may not be comparable to similar computations reported by such organizations. Management considers EBITDA to be a useful measure for the purpose of evaluating debt levels and interest coverage. For a full explanation of EBITDA and a reconciliation to IFRS please see Allied REIT Q3 2020 MD&A "Other Financial Performance Measures".

"INTEREST"

Interest is defined as interest expense and other financing costs including capitalized interest.

"NOI"

NOI is a non-IFRS financial measure and should not be considered as an alternative to net income or net income and comprehensive income, cash flow from operating activities or any other measure prescribed under IFRS. NOI does not have any standardized meaning prescribed by IFRS. As computed by us, NOI may differ from similar computations reported by other Canadian real estate investment trusts and, accordingly, may not be comparable to similar computations reported by such organizations. Management considers NOI to be a useful measure of performance for rental properties. For a full explanation of NOI and a reconciliation to IFRS please see Allied REIT Q3 2020 MD&A "Net Operating Income ("NOI").

"TOTAL DEBT"

Total debt is a non-IFRS financial measure and does not have any standard meaning prescribed by IFRS. As computed by us, total debt may differ from similar computations reported by other Canadian real estate investment trusts and, accordingly, may not be comparable to similar computations Reported by such organizations. Management considers total debt to be a useful measure for evaluating debt levels and interest coverage. For a full explanation of total debt and an illustration of the calculation of total debt, please see Allied REIT Q3 2020 MD&A "debt".

"TOTAL RETURN"

Total return is based on \$100 in units invested on February 6th, 2003 and ending on September 30, 2020, assuming the re-investment of all cash distributions of the trust on the day of the distribution.

