



ALLIED

# ALLIED PROPERTIES REAL ESTATE INVESTMENT TRUST ANNOUNCES CONTINUED EXPANSION OF ITS LEADERSHIP TEAM THROUGH INTERNAL PROMOTION AND EXTERNAL RECRUITMENT

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TORONTO, APRIL 8, 2013

Allied Properties REIT (TSX:APUN) announced today that it has expanded its leadership team with the appointment of Tina Skinner as VP, National Building Standards and Procurement, Tim Low as National Director, Leasing, and David Pitfield as National Director, Operations, all reporting to Allied's Chief Operating Officer, Tom Burns. Laura Trujillo has been appointed as Regional Director, Central Canada, reporting to the National Director, Operations.

"The process of team-building never stops," said Michael Emory, Allied's President & CEO. "The internal promotions and external recruitment announced today are good examples of the ongoing process of team-building at Allied. We've also bolstered and realigned our IT division and deepened our development and leasing divisions through a combination of internal promotion and external recruitment, all with a view to managing and profiting more fully from our continued growth."

A Certified Property Manager, Tina Skinner has been with Allied since the property management function was internalized in 2005, starting as a Senior Property Manager. She was promoted to Regional Director, Central Canada, in 2007 and most recently to VP, National Building Standards and Procurement. In her new role, Tina will oversee the ongoing development and implementation of national building standards, the execution of capital projects and the national procurement program.

An experienced commercial real estate professional, Tim Low has occupied senior positions at leading real estate organizations in Canada, most recently Northam Realty Advisors Ltd., where he served as Director of Leasing and Asset Management. In his new role, Tim will oversee all aspects of Allied's leasing activity.

An experienced commercial real estate professional, David Pitfield spent 23 years at Cadillac Fairview in various operations and leasing roles, most recently as Senior Director of Leasing. In his new role, David will oversee all aspects of Allied's property management activity.

An Accredited Commercial Manager, Laura Trujillo has been with Allied since the property management function was internalized in 2005, starting as a Property Manager. She was promoted to Senior Property Manager in 2010 and most recently to Regional Director, Central Canada. In her new role, Laura will direct the property management function for almost four million square feet in Toronto and Kitchener.

Allied Properties REIT is a leading owner, manager and developer of urban office environments that enrich experience and enhance profitability for business tenants operating in Canada's major cities. Its objectives are to provide stable and growing cash distributions to unitholders and to maximize unitholder value through effective management and accretive portfolio growth.

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