



**ALLIED PROPERTIES REAL ESTATE INVESTMENT TRUST ANNOUNCES
CLOSING OF ACQUISITION OF CLASS I OFFICE COMPLEX IN KITCHENER**

Toronto, August 2, 2012 -- Allied Properties REIT (TSX:AP.UN) announced today that it has closed the acquisition of the following property:

Address	Total GLA	Office GLA	Retail GLA	Parking Spaces
Lang Tannery, Kitchener	340,150	291,763	48,666	345

With the Lang Tannery, Allied now owns three key properties in the Kitchener's Warehouse District comprising over 500,000 square feet of GLA. The Warehouse District is rapidly becoming a critical technology and transportation hub for the surrounding region.

Allied Properties REIT is a leading owner, manager and developer of urban office environments that enrich experience and enhance profitability for business tenants operating in Canada's major cities. Its objectives are to provide stable and growing cash distributions to unitholders and to maximize unitholder value through effective management and accretive portfolio growth.

-30-

FOR FURTHER INFORMATION, PLEASE CONTACT:

Michael R. Emory
President and Chief Executive Officer
(416) 977-0643
memory@alliedpropertiesreit.com