



**ALLIED PROPERTIES REIT ANNOUNCES CONFERENCE CALL  
TO DISCUSS SECOND-QUARTER RESULTS**

**Toronto, July 2, 2009** -- Allied Properties REIT (TSX:AP.UN) will hold a conference call and live audio webcast at 10:00 a.m. (ET) on Tuesday, August 11, 2009, to discuss financial results for the six-month period and quarter ended June 30, 2009. The financial results will be released on Monday, August 10, 2009, after the markets close.

The conference call can be accessed by dialing 1(800) 732-9307 or (416)644-3415. The webcast will be accessible at [www.marketwire.com](http://www.marketwire.com) and [www.alliedpropertiesreit.com](http://www.alliedpropertiesreit.com) and will be archived for 90 days.

*Allied Properties REIT is the leading provider of Class I office space in Canada, with portfolio assets in the urban areas of Toronto, Montreal, Winnipeg, Quebec City and Kitchener. Its objectives are to provide stable and growing cash distributions to unitholders and to maximize unitholder value through effective management and accretive portfolio growth.*

-30-

**FOR FURTHER INFORMATION, PLEASE CONTACT:**

Michael R. Emory  
President and Chief Executive Officer  
(416) 977-9002  
[memory@alliedpropertiesreit.com](mailto:memory@alliedpropertiesreit.com)