



**ALLIED PROPERTIES REIT ANNOUNCES CONFERENCE CALL
TO DISCUSS FIRST-QUARTER RESULTS**

Toronto, April 27, 2009 -- Allied Properties REIT (TSX:AP.UN) will hold a conference call and live audio webcast at 9:00 a.m. (ET) on Wednesday, May 13, 2009, to discuss financial results for the quarter ended March 31, 2009. The financial results will be released on Tuesday, May 12, 2009.

The conference call can be accessed by dialing 1(800) 590-1508 or (416) 644-3425. The webcast will be accessible at www.marketwire.com and www.alliedpropertiesreit.com and will be archived for 90 days.

Allied Properties REIT is the leading provider of Class I office space in Canada, with portfolio assets in the urban areas of Toronto, Montreal, Winnipeg, Quebec City and Kitchener. Its objectives are to provide stable and growing cash distributions to unitholders and to maximize unitholder value through effective management and accretive portfolio growth.

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FOR FURTHER INFORMATION, PLEASE CONTACT:

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