



**ALLIED PROPERTIES REAL ESTATE INVESTMENT TRUST
ANNOUNCES COMPLETION OF ACQUISITION**

Toronto, April 1, 2004 -- Allied Properties REIT (TSX:AP.UN) today announced that it has completed its previously announced acquisition of 185 Spadina Avenue, a Class I office building located in the REIT's target market in downtown Toronto.

Allied Properties REIT is a leading office property owner in the areas immediately to the east and west of Toronto's downtown core. With over 1.1 million square feet of space, the REIT's portfolio of 18 predominantly Class I buildings accommodates a diversified base of business tenants. The objectives of the REIT are to provide stable and growing cash distributions to its Unitholders and to maximize Unitholder value through the effective management and accretive growth of its portfolio.

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FOR FURTHER INFORMATION, PLEASE CONTACT:

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