

ALLIED

ALLIED PROPERTIES REIT ANNOUNCES FILING OF FINAL BASE SHELF PROSPECTUS

Toronto, December 16, 2016 - Allied Properties REIT (TSX:AP.UN) ("**Allied**") announced today that it has filed and obtained receipts for a final base shelf prospectus. The final base shelf prospectus dated December 15, 2016 was filed with the securities regulatory authorities in each of the provinces of Canada for the purposes of the sale of securities.

The final base shelf prospectus is valid for a 25-month period, during which time Allied may offer and issue, from time to time, units and debt securities, or any combination thereof, having an aggregate offering price of up to \$1 billion. The specific terms of any offering of securities will be contained in a shelf prospectus supplement filed at the time of such offering.

This news release does not constitute an offer to sell securities for sale in the United States, and the securities referred to in this news release may not be offered or sold in the United States absent registration or an exemption from registration.

Cautionary Statements

This press release may contain forward-looking statements with respect to Allied, its operations, strategy, financial performance and condition. These statements generally can be identified by use of forward looking words such as "may", "will", "expect", "estimate", "anticipate", "intends", "believe" or "continue" or the negative thereof or similar variations. The actual results and performance of Allied discussed herein could differ materially from those expressed or implied by such statements. Such statements are qualified in their entirety by the inherent risks and uncertainties surrounding future expectations, including that the transactions contemplated herein are completed. Important factors that could cause actual results to differ materially from expectations include, among other things, general economic and market factors, competition, changes in government regulations and the factors described under "Risk Factors" in Allied's Annual Information Form, which is available at www.sedar.com. These cautionary statements qualify all forward-looking statements attributable to Allied and persons acting on Allied's behalf. Unless otherwise stated, all forward-looking statements speak only as of the date of this press release and the parties have no obligation to update such statements.

Allied Properties REIT is a leading owner, manager and developer of urban office environments that enrich experience and enhance profitability for business tenants operating in Canada's major cities. Its objectives are to provide stable and growing cash distributions to

unitholders and to maximize unitholder value through effective management and accretive portfolio growth.

FOR FURTHER INFORMATION, PLEASE CONTACT:

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