

ALLIED

ALLIED PROPERTIES REAL ESTATE INVESTMENT TRUST ANNOUNCES MARCH DISTRIBUTION

Toronto, March 22, 2017 - Allied Properties REIT (TSX:"AP.UN") announced today that the Trustees of the REIT have declared a distribution of \$0.1275 per unit for the month of March 2017, representing \$1.53 per unit on an annualized basis. The distribution will be payable on April 17, 2017, to unitholders of record as at March 31, 2017.

Allied Properties REIT is a leading owner, manager and developer of distinctive urban workspace in Canada's major cities. Its objectives are to provide stable and growing cash distributions to unitholders and to maximize unitholder value through effective management and accretive portfolio growth.

FOR FURTHER INFORMATION, PLEASE CONTACT:

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